

The following information is an educational aid only. Talk to your health care provider before following any medical regimen to see if it is safe and effective for you.

Pre-Transplant

STOP Call 911 or go to the emergency room

- Trouble breathing or speaking
- Severe chest pain or numbness in limbs or face
- Difficulty speaking or not acting like oneself
- Uncontrollable bleeding
- Serious injury
- Confusion despite titrating lactulose to 3-4 bowel movements a day
- Sudden or unexplained loss of consciousness

Call your Primary Care Provider for:

- Health screenings or routine tests
- Allergic reactions or irritations
- Cold symptoms (cough, sore throat, runny nose or earache)
- Low grade fever (less than 100° Fahrenheit)
- Migraines or headaches
- Constipation
- Sinus symptoms or infection
- New rash

Call your Transplant Team for:

- Symptoms of increased/worsening liver disease:
 - o Jaundice
 - o Abdominal swelling/edema
 - o Abdominal pain
- Confusion and difficulty understanding how to use lactulose.
- Fever greater than 101° Fahrenheit
- Diarrhea, nausea or vomiting
- Notify us after seeing local provider with:
 - o Medication changes
 - o Before completing any outside testing or procedures, except during an emergency hospital admission or emergency visit



Post-Transplant

STOP Call 911 or go to the emergency room

- Trouble breathing or speaking
- Severe chest pain or numbness in limbs or face
- Difficulty speaking or not acting like oneself
- Uncontrollable bleeding
- Serious injury
- Confusion or sudden or unexplained loss of consciousness

Call your Primary Care Provider for:

- Health screenings or routine tests
- Allergic reactions or irritations
- Cold symptoms (cough, sore throat, runny nose or earache)
- Low grade fever (less than 100° Fahrenheit)
- New elevated blood pressure (great than 140/90)
- Migraines or headaches
- Constipation
- Sinus symptoms or infection

Call your Transplant Team for:

- If it has been less than a year since your transplant, do not hesitate to call if you have:
 - o Fever greater than 101° Fahrenheit
 - o Fluid retention or edema
 - o Diarrhea, nausea and vomiting
 - o Shaking chills
 - o Abdominal pain
 - o Confusion
- Notify us after seeing local provider with:
 - o Medication changes
 - o Any changes to your medical condition or after testing has been completed

Liver Transplant Program
866-227-7501 or 507-266-2021 (local)
Monday-Friday 8:00 – 5:00 pm CST