### **Pre-Transplant**

#### **STOP** Call 911 or go to the emergency room

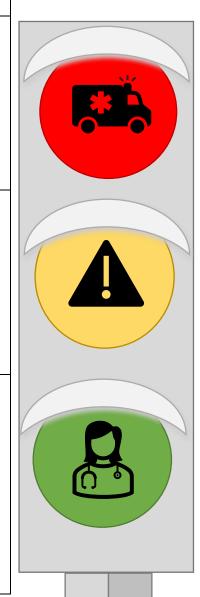
- Trouble breathing or speaking
- Severe chest pain or numbness in limbs or face
- Difficulty speaking or not acting like oneself
- Uncontrollable bleeding
- Serious injury
- Confusion despite titrating lactulose to 3-4 bowel movements a day
- Sudden or unexplained loss of consciousness

#### **Call your Primary Care Provider for:**

- Health screenings or routine tests
- Allergic reactions or irritations
- Cold symptoms (cough, sore throat, runny nose or earache)
- Low grade fever (less than 100° Fahrenheit)
- Migraines or headaches
- Constipation
- Sinus symptoms or infection
- New rash

# **Call your Transplant Team for:**

- Symptoms of increased/worsening liver disease:
  - o Jaundice
  - Abdominal swelling/edema
  - o Abdominal pain
- Confusion and difficulty understanding how to use lactulose.
- Fever greater than 101° Fahrenheit
- Diarrhea, nausea or vomiting
- Notify us after seeing local provider with:
  - Medication changes
  - Before completing any outside testing or procedures, except during an emergency hospital admission or emergency visit



# **Post-Transplant**

#### **STOP** Call 911 or go to the emergency room

- Trouble breathing or speaking
- Severe chest pain or numbness in limbs or face
- Difficulty speaking or not acting like oneself
- Uncontrollable bleeding
- Serious injury
- Confusion or sudden or unexplained loss of consciousness

## **Call your Primary Care Provider for:**

- Health screenings or routine tests
- Allergic reactions or irritations
- Cold symptoms (cough, sore throat, runny nose or earache)
- Low grade fever (less than 100° Fahrenheit)
- New elevated blood pressure (great than 140/90)
- Migraines or headaches
- Constipation
- Sinus symptoms or infection

# **Call your Transplant Team for:**

- If it has been less than a year since your transplant, do not hesitate to call if you have:
  - o Fever greater than 101° Fahrenheit
  - o Fluid retention or edema
  - Diarrhea, nausea and vomiting
  - Shaking chills
  - Abdominal pain
  - Confusion
- Notify us after seeing local provider with:
  - Medication changes
  - Any changes to your medical condition or after testing has been completed

Liver Transplant Program 866-227-7501 or 507-266-2021 (local) Monday-Friday 8:00 – 5:00 pm CST